



Free & Real

Freedom of Resources for Everyone, Everywhere & Respect, Equality, Awareness and Learning

Sharing is Everything

FreeandReal.org

The Past...

- ❖ *Free and Real was created in 2008 in Athens, with purpose the research and development of a more sustainable and balanced with the environment, life*
- ❖ *We started immediately, organizing practical and experiential, seminars and workshops that would help us reach the above objectives.*
- ❖ *We implemented **natural building** workshops, bioclimatic architecture seminars, **natural farming**, etc*
- ❖ *Those where either funded by various agencies, governmental or not, like **GG Neas Genias Ministry** or by own resources*
- ❖ *We participated actively in many alternative networks (Freeconomy, Freecycle, etc.) and worked with other groups and NGOs.*
- ❖ *We co-organized **European Youth in Action Programmes**, Pan-Hellenic **Eco-Festivals**, we did documentary screenings, educational trips and other action.*
- ❖ *All this research led us to the conclusion that, in order to have an effect, whichever solution we find, they would have to be implemented at a **practical level***

The Present...

Developing a Sustainable Eco-Community

For the last 20 months or so, we live and work daily on developing a viable self-sustaining eco-community in North Evia, in Telethrion Mountain.

So far, we have managed to obtain the piece of land in which we want to create the community, we have equipped our workshop, we have constructed experimental, ecological houses, we are organically growing successfully most of our food, we've built a greenhouse, created water management systems, various applications of low impact technology such as water heating and drying foods and we are maintaining a seed bank.



Some of our constructions

We continue actively to organize workshops and seminars on green building, alternative crops, communication without violence, self sufficiency at home and more.

During these months that we are at Evia, more than 300 people have visited us from around the world, most of who stayed with us for several days helping us and learning together.

We have already succeeded to enter into partnerships with companies, institutions and universities in key areas such as renewable sources of energy, low ecological footprint homebuilding, technological and innovative research.



Our greenhouse and our vegetable garden

We have also established close relations with the Greek eco-network, and with remarkable people and groups who share similar goals and concerns.



One more of our constructions

We create the present but our incentive is the...



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..The Future

The aim of the **Telaitrion Project** is to create a model, self-sufficient, with a circular design community in Greece, which will combine the features of a society that shares resources, the ideology of an economy of selfless giving and based on the inalienable human rights.

The basic needs for a healthy, creative life should be available to everyone and anyone.

Our goals are to ensure:

- ❖ Social stability through a well-informed and well-developed educational system of communication
- ❖ Economic stability with the intelligent management of the land resources
- ❖ Quality medical care
- ❖ A clean and sustainable environment
- ❖ Variety of energy efficient homes, using materials of low impact to the environment
- ❖ Necessary goods and services in abundance
- ❖ Recreational facilities
- ❖ Free access to technological advances and practical knowledge



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The Community

The most notable aspect of the community is its shape. The circular design will dominate the architecture of the community, following the wisdom and excellent geometry of nature.

The Area

The land plot that will host the community is located near the top of the Telethrion Mountain at an altitude of 450m.

The place is ideal for RES, and the piece of land that will be used for the first buildings and crops is about 12,000.

Sections

The community will be divided in 3 major basic sections.

The Geodesic Domes Cluster, the Yurt Modules and the Forest Garden.

Research Areas

- Ecological Building
- Renewable Energy Resources
- Food, Water & Health
- Technology & Transportation
- Waste Management
- Education

The Telaitrion..

..as a project does not intend to overcome all the problems of society today and does not claim to be a utopia of perfection. In the first phase, the eco-community will function as a self-sufficient and pilot experimental model and as a transitional settlement for future application.

The second phase will focus on developing research facilities and experimental technologies, the facilities of the eco-community will be used for events, seminars, workshops, eco-tourism, and any other interactive means of formal and non formal education.

To help us or to contact us for more information:

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